

S.A.L.T. Parish

June 2022

(South Arrowhead Lutherans Together)

A joint newsletter from the Minnesota congregations of:



Faith, Culver



First, Meadowlands



St. John's, Saginaw



St. Peter's, Canyon

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MINISTER'S MESSAGE FROM DAVE'S DESK

Our Health and Wellness team recently worked together with the administration at Southridge schools on May 16th for an "Evening of Wellness." Hopefully many of you who are reading this had the opportunity to attend. We had professionals speak on subjects including vaping, social media use, suicide and bullying. These are all topics confronting our kids and many adults in our community. We ended with a keynote speaker who shared his story of addiction and trouble with the law that caused him to spend time in prison. He has now beat all odds and is doing well relying on his faith in Jesus Christ. This is a story with a good ending, but many other stories don't end so well.

Our kids as well as adults are facing a lot of these issues, with skyrocketing numbers of people with mental illness. Covid only increased these numbers with lack of socialization and many people fell into financial issues. This can lead into depression and anxiety among other health issues. In a survey from the National and International Religion report it states half of all Americans said that they or their family members suffered from depression, 46% considered it a health problem and 43% saw it as a sign of personal weakness. Alcoholism was seen as a personal weakness by 58% of the people polled and only 34% felt it was a health issue. 38% deemed obesity as a personal weakness while 48% felt it was a health issue. There is a stigma out there surrounding mental health.

So, where do these people go for help? 45% suggested a medical doctor, 60% said a mental health professional, but only 20% suggested the church, while just 14% suggested a spouse, relative, or friend. I highly recommend professional help for anyone with these issues, but our keynote speaker at our Evening of Wellness is proof that accepting the gift of

if you know anyone who is dealing with mental health issues, please advise them to seek help both professionally as well as introducing them to the church, if they aren't already attending. Our Health and Wellness team and myself have referral contacts to get them help, and I am happy to help them spiritually.

I believe this problem of mental illness will get worse before it gets better. We are being called upon in Christian faith to reach out and love our neighbor. It matters not what the issue is, they need help. Finally, my last piece of advice is to invite our neighbors to be a part of the SALT parish. Many times, we don't know who is suffering, so just invite all to be part of our parish family. You never know how God may be using you to help someone else. If anyone would like to be a part of our Health and Wellness team, please contact me or come to a team meeting on the 4th Thursday of the month at Faith Lutheran church (Jan, March, May, July, September, November).

In God's peace, invite a friend

Minister Dave

~CLERGY SCHEDULE & CONTACT INFO~

Dave Erdmann, SAM (Synodically Authorized Minister), is our worship & faith life leader.

Days off: Mon & Sat.

He is *always* available for emergencies.

First contact: 218-391-7951 (cell)

Secondary number: 218-348-9720

Email: dwerdmann@gmail.com

~S.A.L.T. PARISH MEETING~

Next meeting: **June 2nd,**
6:30p at St. John's
All are welcome!

May SALT Parish Council Meeting Summary

Synod Assembly report was given from those that attended. It was great to have it in person again. New pulpit guideline amounts were given at \$140 for 1st service and \$40 for second service plus mileage. There was a motion to donate \$300 to the Pride in Ourselves & Our Community event at South Ridge School May 16th to cover cost of speakers. This is part of our Mission, and we are working with the school on these efforts. Motion was made for Minister Dave to go to Columbus, OH as a lay delegate for the Synod Church wide assembly August 8-12th. There will be a pancake breakfast after SALT Sunday Service on the 29th in Meadowlands. Discussion on Sunday School idea for kid's during the summer and going forward. Any ideas are welcomed. SALT Churches rummage sale will be on June 4th at Northland Town Hall in Canyon, will post flyers. Ladies retreat group is providing the meal and there will be a bake sale too.

Volunteer for S.A.L.T. Council President Position –
Sharon Zorn is asking for a new president to step forward. Prayers for that position are requested.

Special Thank-You to
Brady Strochein & Construction
for taking care of Faith Lutheran's (Culver)
recent repair and building needs.

SALT SUNDAY SERVICE
June 5th, 10:00 am
Faith, Culver

Pentecost and Confirmation
Celebration Service



Saturday, June 4th at Northland Town Hall
Canyon
9am – 3pm
No clothing or electronics

Old School Lives Community Meal
Saturday, June 18th 4-7 pm

Meal will include pulled pork, BBQ chicken, coleslaw, corn, watermelon, beverage, and dessert. Volunteers are needed!! Please (text or call) Linda at 218-428-3473 with questions or if you are able to volunteer.

~CULVER QUILTERS~

If you would like to support our quilt ministry, Our supply needs list includes Cotton Fabric (any sized pieces) Thread, Batting, Flat sheets (Dbl., Q or K size), Cash donations can be given to Faith's WELCA. Thank you!
Culver Quilter's Meet Mondays at Faith 10:30am

~NEWSLETTER DEADLINE~ **Deadline for the July issue: 3rd Sun of Month: June 19th**
To mail information to Misty: 1236 County Rd 4 Wrenshall MN 55797 Or email to: Bergman.misty22@gmail.com

~~RUBY'S PANTRY~~

Locations nearest you:

5577 Cromwell Park Dr
Cromwell, MN

2nd Thursday of the Month
9:00 – 10:30 am (note new time)
June 9th, 2022

5007 Maple Grove Rd
Hermantown, MN

2nd Tuesday of the Month
5:00 – 6:30 pm
June 14th, 2022

Bring your own boxes/baskets for food. (\$20 cash donation at the door is Appreciated. Everyone is welcome!!!

For more information call
651-674-0009 or visit
www.rubyspantry.org

Men's Breakfast

June 17th, 8am

Country Corner, Hwy 2, Brookston



June 19th



Spring Cleaning???

SALT Parish is having a Rummage Sale
Saturday, June 4th

9:00-3:00

Northland Town Hall, Canyon
(across from St. Peter's)

Bake Sale

Lunch \$5.00-Sloppy Joe, chips & cookie

Drop off and set up Friday, June 3, 9:00-12:00

All members of SALT Parish are welcome to help!

NO electronics or furniture

ONLY gently used baby and toddler clothing

Sunday Morning Livestream

SALT Parish Facebook Page
10:30 am



Bulletins will now be available for
The Livestream. The link will be posted on
the Parish Facebook page or the bulletin
can be accessed at saltparish.org/bulletins

CHURCH CONTACT PEOPLE

Church	President	Phone
Faith, Culver	Stan Lamb	310-0857
First, Meadowlands	Ginny Richmond	742-1724
St. John's, Saginaw	Carolyn Collum	729-6008
St. Peter's, Canyon	Fred Zorn	482-5524

S.A.L.T. COUNCIL

President	Sharon Zorn
Vice President	Ginny Richmond
Secretary	Jodi Messner
Treasurer	Misty Bergman

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Faith – Karen Witkowski **First** – Ginny Richmond
St. John's – Marilyn Raether **St. Peter's** – Sharon Zorn

Thank you to our volunteer mailers!!!

Pentecost is Sunday, June 5th What is Pentecost?

Although Pentecost is chock full of religious significance, it is a holiday not widely celebrated. From a historical perspective, Christianity didn't start with Jesus' birth, his death or even his storied ascension to heaven. It started with Pentecost — the day the “Holy Spirit” entered a room holding Jesus' apostles and entered each of them, an event which “makes the church the church.”

Here's the rundown:

Holiday: Pentecost

AKA: “Birthday of the Church”

Religion Represented: Christianity

Date: Fifty days after Easter. (Pentecost literally means “50”)

Celebrates: The day the Holy Spirit descended on the apostles, causing them to speak in tongues.

Back Story: At his Last Supper, Jesus legendarily instructed his 12 disciples to go out into the world to minister and heal the sick on their own. It was at that point that they became “apostles.” Fifty days after Jesus' death, as the story goes, the Holy Spirit (part of the Holy Trinity — God the Father, God the Son and God the Holy Spirit) descended onto the apostles, making them speak in foreign tongues. This “Pentecostal” experience allowed the apostles direct communication with God, which signaled a major shift in the religious landscape and laid the foundation for what would become Christianity. You'll notice that the disciples are always depicted in artwork as regular-looking men while the apostles are depicted with halos around their heads. (Several other apostles came later — namely the famous Paul who is credited with writing much of the New Testament.)

Celebrations: Pentecost, which shares roots with the Jewish holiday of Shavu'ot, isn't associated with feasts or elaborate traditions. Generally, it is a holiday marked in liturgical churches. Because the holiday's liturgical color is red, to symbolize the apostles “tongues of fire” and also the blood of martyrs, sometimes Christians will dress in red or decorate churches with red. Many churches hold baptisms and confirmations on that day, as well.

Fact: Jesus was captured and crucified because one of his apostles, Judas Iscariot, betrayed him. Within days, Judas committed suicide out of shame. That left only 11 apostles, so the remaining 11 voted in a replacement: Matthias. Matthias was there during the Pentecost, which means he became holy without ever having been a disciple.

Join us for our SALT Sunday Service on June 5th at Faith Lutheran in Culver, where we will be celebrating Pentecost and Confirmation of some our youth.

Associated Literary Passages: The Bible Book of Acts 2:1-47