

A joint newsletter from the Minnesota congregations of:



Faith, Culver



First, Meadowlands



St. John's, Saginaw



St. Peter's, Canyon



## MINISTER'S MESSAGE FROM DAVE'S DESK

The word GRACE is a word we hear often in our Christian faith life, but what does it really mean? I refer to GRACE as a gift we receive even though we don't deserve it. In our Christian faith life, it is a gift of God, but in our earthly life, we sometimes show GRACE to one another. In the book of Romans, it explains saying: "since all have sinned and fall short of the glory of God, they are now justified by his grace as a gift, through the redemption that is in Christ Jesus, whom God put forward as a sacrifice of atonement by his blood, effective through faith." So, if we accept the gift of faith, it is by the GRACE of our Savior Jesus Christ that we attain eternal life, through his suffering and death on a cross.

I'd like to share an illustration about Grace called "Grace at bat." There was a baseball game that one day took place. It seems that the Lord's team was at bat, the score was zero to zero and it was the bottom of the 9<sup>th</sup> inning with two outs. The coach and the Lord stood by observing the game. As they watched, a batter stepped up to plate whose name was LOVE. Love swung at the first pitch and hit a single because "love never fails." The next batter was named FAITH, who also got a single because faith works with love. The next batter was GODLY WISDOM. Satan wound up and threw the first pitch. Godly wisdom looked it over and let it pass...ball one. Three more pitches and Godly Wisdom walked, because Godly wisdom never swings at what Satan throws. The bases were loaded. The Lord then turned to the coach and told him He was now going to bring in his star player. Up to the plate stepped GRACE. Coach said, "He sure doesn't look like much." Satan's whole team relaxed when saw Grace. Thinking he won the game,

Satan wound up and fired his first pitch. To the shock of everyone, Grace hit the ball harder than anyone had ever seen. But Satan was not worried, as his center fielder let very few get by. He went up for the ball, but it went through his glove, hit him in the head and sent him crashing on the ground. Then it continued over the fence for a home run! The Lord's team won. The Lord then asked the Coach if he knew why LOVE, FAITH, and GODLY WISDOM could get on base but could not win the game. The Coach answered that he didn't know why. The Lord explained, "If your love, faith and wisdom had won the game, you would think you had done it by yourself. Love, faith and wisdom will get you on base, but my GRACE will get you home."

It is truly by Grace, not by any works we do, that we attain redemption and eternal life, through Jesus' sacrifice of flesh and blood on a cross. And God shows that grace by giving his Son as a sacrifice so that we might live and be made right in our relationship with the Father. As sinners, we deserve nothing. But by grace we receive all the necessities and rewards in this earthly life, and it's by Grace that we enter the gates of heaven for eternity to live with the Father. Thanks be to God!!!

**In God's peace, Invite a friend – Minister Dave**

~CLERGY SCHEDULE & CONTACT INFO~

**Dave Erdmann, SAM** (Synodically Authorized Minister), is our worship & faith life leader.

**Days off: Mon & Sat.**

**He is always available for emergencies.**

**First contact: 218-391-7951 (cell)**

**Secondary number: 218-348-9720**

**Email: [dwerdmann@gmail.com](mailto:dwerdmann@gmail.com)**

~S.A.L.T. PARISH MEETING~  
Next meeting: Oct. 4th, 6:30p at St. John's  
All are welcome!



Scan the QR code to be taken to SALT Website

**SALT SUNDAY – REFORMATION SUNDAY–**  
**FIRST COMMUNION**  
There will be one Worship Service at  
10:00am, Sunday October 29<sup>th</sup> at St.  
Peter's.  
Children who received instruction will be  
receiving their First Communion.  
It is also Reformation Sunday.  
Potluck will follow service, please bring a dish  
to share.



**UPCOMING EVENTS**



**Health & Wellness Event**

Join us for an Alzheimer's Association  
Education Opportunity  
Wednesday, October 25, 6:30 pm  
Faith Lutheran Church

Guest Speaker: Jenna Pogorels (Associate  
Director, Community Services-Northern MN  
Alzheimer's Association)  
Bring your questions  
Ice cream sundaes with all your favorite  
toppings!

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*Thank you to all the members of SALT Parish who  
supported me in the Walk to End Alzheimer's.*  
*Simon Erdmann*

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Beginning with the **October 2023 Newsletter**, Articles  
will be Due the **SECOND (2<sup>nd</sup>) Sunday** of the Month,  
October 8th

~CULVER QUILTERS~  
If you would like to support our quilt ministry, Our supply needs list includes Cotton Fabric (any sized pieces) Thread,  
Batting, Flat sheets (Dbl., Q or K size), Cash donations can be given to Faith's WELCA. Thank you!  
Culver Quilter's Meet Mondays at Faith 10:30am

~NEWSLETTER DEADLINE~      **Deadline for the Nov. issue: 2nd Sun of Month: Oct 8th**  
**To mail information to Misty: 1236 County Rd 4 Wrenshall MN 55797 Or email to: Bergman.misty22@gmail.com**

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~~RUBY'S PANTRY~~

5577 Cromwell Park Dr, Cromwell, MN  
 2<sup>nd</sup> Thursday of the Month, Oct 12th, 2023  
 9:00 – 10:30 am

5007 Maple Grove Rd Hermantown, MN  
 2<sup>nd</sup> Tuesday of the Month, Oct 10<sup>th</sup>, 2023  
 5:00 – 6:30 pm

2300 E Skyline Blvd (Copper Top Church)  
 3<sup>rd</sup> Thursday of the Month, Oct 19th, 2023  
 4:30 – 6:00 pm

Bring your own boxes/baskets for food. (\$25)  
 cash donation at the door is appreciated.  
 Everyone is welcome!!! For more information call  
 651-674-0009 or visit [www.rubyspantry.org](http://www.rubyspantry.org)

**Men's Breakfast**  
**October 20th, 8am**  
**Country Corner, Hwy 2, Brookston**



**Sunday Morning Livestream**

SALT Parish Facebook Page  
 10:30 am



Bulletins will now be available for  
 The Livestream. The link will be posted on  
 the Parish Facebook page or the bulletin  
 can be accessed at [saltparish.org/bulletins](http://saltparish.org/bulletins)

**S.A.L.T. COUNCIL**

President	Stan Lamb
Vice President	Ginny Richmond
Secretary	Amber Schwartz
Treasurer	Misty Bergman

**CHURCH CONTACT PEOPLE**

Church	President	Phone
Faith, Culver	Stan Lamb	310-0857
First, Meadowlands	Ginny Richmond	742-1724
St. John's, Saginaw	Carolyn Collum	729-6008
St. Peter's, Canyon	Fred Zorn	591-0978



The Annual Cookie sale will be held on  
**December 2nd** at Faith!!

**How can you help??** Bake cookies, candy, or  
 baked items, help with set-up, clean-up, or  
 just come and buy cookies! Call Cheryl Lamb  
 (218) 345-6334, if you have any questions.  
**Save the Date!!!!** Bring a Friend or 2!



**Build a Bake Potato**  
**October 11<sup>th</sup>, 4-7 pm**  
**At Faith Lutheran Church**  
**SALT Parish Fundraiser**  
**Free will offering.**

**All Community Members Welcome!**

Fully loaded potato with your choice of toppings  
 (sour cream, cheese, ham, chili and more)!

**Eat in or take it to go!**

**NEWSLETTER STAFF**

**Editor:** Misty Bergman **Website:** Beth Erdmann  
**Circulation / Mailing Coordinator:** Christine Wolvin  
**Thank you to our volunteer mailers!!!**

## **Dementia vs. Alzheimer's Disease: What is the Difference?**

Dementia is a general term for a decline in mental ability severe enough to interfere with daily life, while Alzheimer's is a specific disease. Alzheimer's is the most common cause of dementia.

Learning about the two terms and the difference between them is important and can empower individuals living with Alzheimer's or another dementia, their families and their caregivers with necessary knowledge.

### **Dementia overview**

Dementia describes a group of symptoms associated with a decline in memory, reasoning or other thinking skills. Many different types of dementia exist, and many conditions cause it. Mixed dementia is a condition in which brain changes of more than one type of dementia occur simultaneously. Alzheimer's disease is the most common cause of dementia, accounting for 60-80% of dementia cases.

Dementia is not a normal part of aging. It is caused by damage to brain cells that affects their ability to communicate, which can affect thinking, behavior and feelings.

### **Alzheimer's overview**

Alzheimer's is a degenerative brain disease that is caused by complex brain changes following cell damage. It leads to dementia symptoms that gradually worsen over time. The most common early symptom of Alzheimer's is trouble remembering new information because the disease typically impacts the part of the brain associated with learning first.

As Alzheimer's advances, symptoms get more severe and include disorientation, confusion, and behavior changes. Eventually, speaking, swallowing, and walking become difficult.

Though the greatest known risk factor for Alzheimer's is increasing age, the disease is not a normal part of aging. And though most people with Alzheimer's are 65 and older, approximately 200,000 Americans under 65 are living with younger-onset Alzheimer's disease.

To diagnose Alzheimer's, physicians may use medical history, mental status tests, physical and neurological exams, diagnostic tests, and brain imaging. Concerned about memory loss or other problems? Learn about the importance of receiving an early diagnosis, what questions you should ask your physician, and how to get support after a diagnosis.

**Please join us for an Alzheimer's Association Education Opportunity on Wednesday, October 25<sup>th</sup> at 6:30 PM with guest speaker Jenna Pogorels, Associate Director, Community Services-Northern MN Alzheimer's Association.**

**Bring your questions and enjoy ice cream sundaes with all your favorite toppings.**