



Faith, Culver



First, Meadowlands



St. John's, Saginaw



St. Peter's, Canyon



MINISTER'S MESSAGE FROM DAVE'S DESK

Are there times when you feel weary in your daily life? Maybe the responsibilities of work are overwhelming. Maybe we find ourselves weary from keeping up with all the activities in our kids' lives. Or maybe we feel we can't say no to anyone and never seem to have time for ourselves. And then sometimes we experience weariness in our spiritual lives. There's the weekly worship, the midweek bible study, another council meeting, planning for the Christmas cookie sale, organizing a food drive, and the list goes on. And that doesn't include time for daily prayer and bible study.

The wise farmer can usually depend on expected timetables of seed time and harvest. Not so in spiritual life. One of the greatest frustrations in the Christian ministry, and principal cause for weariness is the inability to calculate the spiritual outcome of faithful labors in the work of the Lord.

Writer Timothy George said, "Vacationers get tired of sunsets, millionaires get tired of money, kids get tired of toys, and Christians get tired of doing good. At first the excitement of teaching a new Sunday school class was strong, but now you have grown weary of it. The thrill is gone. At first, you felt strong in leading the small group bible study, visiting newcomers, reading your bible, working at the emergency shelter...but now you have grown weary in well-doing. The inner power and joy have seeped away. It's a chore. You've lost heart."

But what if Peter and James and John grew weary? What if the people who come after them forget? What if way down through the centuries people just don't tell others about

Jesus? Jesus was asked if he made any other plans, and Jesus answered "I haven't made any other plans, I'm counting on them."

Twenty-one centuries later He still has no other plan. He's counting on you and me to continue his work of reconciling the world to Himself; to continue the work so many have faithfully carried out before us.

No one ever said being a Christian was easy but God's there to help. He tells us in Matthew 28-30, "Come to me, all who are weary and burdened and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." The next time you are feeling weary and overwhelmed, turn to the Lord and he will give you rest.

**In God's peace, Invite a friend
– Minister Dave**

~CLERGY SCHEDULE & CONTACT INFO~

Dave Erdmann, SAM (Synodically Authorized Minister), is our worship & faith life leader.

Days off: Mon & Sat.

He is always available for emergencies.

First contact: 218-391-7951 (cell)

Secondary number: 218-348-9720

Email: dwerdmann@gmail.com

~S.A.L.T. PARISH MEETING~
Next meeting: Sept. 3rd, 6:30p at First
All are welcome!

UPCOMING EVENTS



New SALT Shaker Summer Schedule
One Sunday Service at 10:00am
Coffee and Fellowship 9:00 am
Last one for the Summer
September 6th Faith

We will go back to two Church Services
starting on September 13th.



**Mark you calendars for the Fall
Church Bazzars!**

**More information to come in Octobers
Newsletter about times and other
information.**

**Faith Bazaar will be on October 3rd
St. John's will be on October 17th
First is yet to be determined**



SALT Sisters Annual Fall Retreat at Lake
Vermillion is the First weekend in October. Please
reach out to Andrea at St. Johns to register. It is a
peaceful weekend with other women of SALT to
rest, recharge, relieve stress and reconnect.

Men's Breakfast, Sept. 18, 8am
Country Corner, Hwy 2, Brookston



~CULVER QUILTERS~

If you would like to support our quilt ministry, our supply needs list includes Cotton Fabric (any sized pieces) Thread, Batting, Flat sheets (Dbl., Q or K size), Cash donations can be given to Faith's WELCA. Thank you!
Culver Quilter's Meet Mondays at Faith 10:30am

~NEWSLETTER DEADLINE~ **Deadline for the Oct. issue: 2nd Sun of Month: Sep. 13th**
To mail information to Misty: 1236 County Rd 4 Wrenshall MN 55797 Or email to: Bergman.misty22@gmail.com

Arrowhead Area Agency on Aging

Understanding Substance Use in Later Life

September 16th 10am -11am

This webinar explores how alcohol, prescription medications, and other substances can affect older adults differently than younger people, what warning signs to watch for, and how to access support for yourself or someone you care about.

To register: www.arrowheadaging.org/classes-workshops-and-trainings for call Brenda Shafer Pellinen at 218-529-7550

Sunday Morning Livestream

SALT Parish Facebook Page
10:30 am

Bulletins will now be available for The Livestream. The link will be posted on the Parish Facebook page or the bulletin can be accessed at saltparish.org/bulletins



S.A.L.T. COUNCIL

President	Amber Schwartz
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Faith	Dale Neuman
First	Ginny Richmond
St. John's	Carolyn Collum
St. Peter's	Fred Zorn

NEWSLETTER STAFF

Editor: Misty Bergman

Website: Beth Erdmann

Circulation / Mailing Coordinator:

Christine Wolvin

Thank you to our volunteer mailers!!!

VACATION BIBLE SCHOOL RECAP

"Wow, what a Fantastic VBS week we had! The SALT Parish hosted 14 Terrific little gardeners who were so full of energy to "grow in their Faith" together!

They planted seeds of Faith in their hearts with Strength and Courage from Merle the Mustard Seed; Empathy to say "I'm sorry" with help from Granny Fanny Fig; Patience that blossomed alongside Danny Dandelion and Wisdom to sow their own path with encouragement from Penny Peony. They filled their pots Full of creative crafts, silly snacks, great games, brilliant Bible studies and memorable music.

On behalf of the SALT Parish VBS crew of planters, we Thank each and every one of you for continuing to help us plant seeds of Faith in your kiddos' hearts. God Bless You."

Submitted by Amber Schwartz



Health & Wellness Page



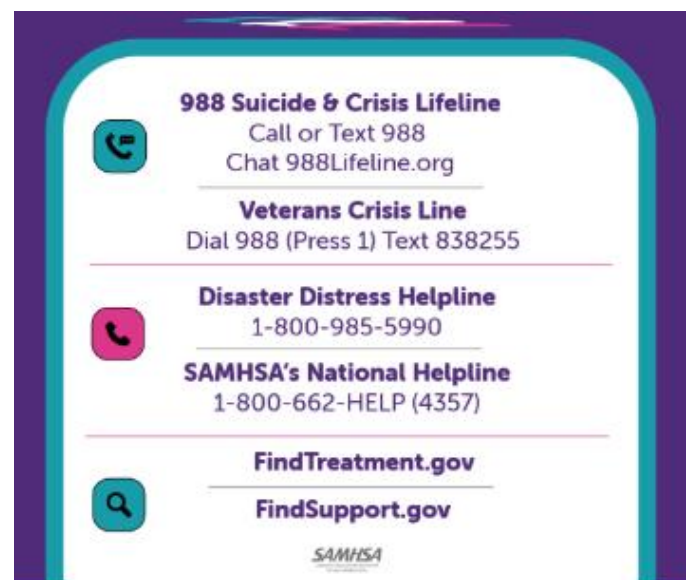
September is Suicide Prevention Month, a time for us as a church family to pause and remember how deeply our presence can matter in someone's life. Many people who struggle don't always speak openly about their pain. Instead, it often shows up in quieter ways — withdrawing from activities they once enjoyed, expressing hopelessness, feeling like a burden, or showing sudden changes in mood or behavior. Sometimes it looks like giving away cherished belongings, talking about “not being here much longer,” or a noticeable shift from distress to an unexpected calm. These signs can be easy to overlook, but they are important invitations to check in with compassion.

For those of us who have lived more years and walked through more valleys, we know how powerful a simple act of care can be. A gentle conversation, a phone call, or even saying, “I'm here for you,” can open a door someone didn't know they could walk through. You don't need perfect words — just a willingness to listen without judgment and remind them they are not alone. Encouraging them to speak with a doctor, counselor, pastor, or trusted friend can help them find the support they need.

If you ever feel someone may be in immediate danger, contacting emergency services is the right step. When the situation is serious but not urgent, crisis hotlines are available day and night with trained counselors who know how to help people through overwhelming moments. And if *you*

ever find yourself struggling, please remember that reaching out is an act of strength, not weakness. God created us for community, and none of us are meant to carry heavy burdens alone.

If you or someone you know is struggling, help is here. In a crisis? Call/text 988 to reach the Suicide & Crisis Lifeline 24/7. #988 SuicidePreventionMonth



If you have any special occasions coming or something special you'd like to share in the Newsletter, please let Minister Dave or Misty know.

Summer is a busy time, but your offerings may still be sent to your church treasurer. Thank you for your continued support!

**Faith – Christine Wolvin
First – Stacy Stevens
St. John's – Lynn Dvergsten
St. Peter's – Melody Larson**

Faith, Culver

First, Meadowlands

St. John's, Saginaw

St. Peter's, Canyon

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 Follow SALT PARISH on Facebook for devotionals from Minister Dave (Tue - Fri at 9:30a) and live Sunday Services at 10:30am.	31	1	2	3 Parish Council Mtg 6:30pm @ First	4	5
6	7	8	9	10	11	12
9:00 Coffee & Fellowship 10:00 Service at Faith	Culver Quilters 10:30am Faith Labor Day	Faith Church Council 1:00pm		St. John's Church Council 6:00pm		
13	14	15	16	17	18	19
8:30 Worship St. John's 10:30 Worship St. Peter's Grandparents Day	Culver Quilters 10:30am Faith				Men's Breakfast 8am Country Corner 9:30am Brookston 	
20	21	22	23	24	25	26
8:45 Worship Faith 10:30 Worship First, Council after Service	Culver Quilters 10:30am Faith	First day of Fall		St. Peter's Church Council 1:00pm		
27	28	29	30	1	2	3
8:30 Worship St. John's 10:30 Worship St. Peter's	Culver Quilters 10:30am Faith					
4	5	Notes				
		Health & Wellness meetings are the 4th Thursday of Jan, Mar, May, July, Sep, Nov, 6:30pm @ Faith Fall SALT Sister's Retreat: 2026 will be October 1st - 4th at Camp Vermillion Faith Bazaar 10/3, St. John's Bazaar 10/17, First TBD				

S.A.L.T. Churches
5697 Hwy 7
Culver, MN 55779

Return Service Requested

S.A.L.T. Parish Churches
Faith Lutheran, Culver
First Lutheran, Meadowlands
St. John's, Saginaw
St. Peter's, Canyon

LOCAL POSTAL PATRON

****For More information****

Please check the following:

Website: saltparish.org



S.A.L.T. PARISH: Seeking to Share Christ to ALL

Through love, encouragement, prayer, serving, worship, study, giving, and invitation.

Sunday Worship Service Times and Locations:

Date	Worship Service Schedule
Sept 6th	Coffee and Fellowship 9:00-10:00 Worship at Faith
Sept 13th	8:30 Worship St. John's, 10:30 Worship St. Peter's
Sept 20th	8:45 Worship Faith, 10:30 Worship First, Council to Follow
Sept 27th	8:30 Worship St. John's, 10:30 Worship St. Peter's

Minister Dave Erdmann 218-391-7951

Facebook: [SALT Parish](#)
Website: www.saltparish.org

Faith Lutheran Church
St John's Lutheran

First Lutheran Church
St Peter's Lutheran